

Teaching Examples

Δ^ασ^αΔ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^α

Children Δ^ασ^α

- Teach responsibility (e.g. taking care of dogs, taking on new chores)
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(Δ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^α, Δ^ασ^αΔ^ασ^α
Δ^ασ^αΔ^ασ^α)
- Encourage children to try and try again if they fail (perseverance)
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Δ^ασ^αΔ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^αΔ^ασ^α

Teenagers Δ^ασ^α

- Support independence but continue to set expectations and have consequences (this maintains stability in teenagers' life)
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Δ^ασ^αΔ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^α
Δ^ασ^αΔ^ασ^αΔ^ασ^α (Δ^ασ^αΔ^ασ^α)
Δ^ασ^αΔ^ασ^αΔ^ασ^αΔ^ασ^αΔ^ασ^αΔ^ασ^α
- Teach about preparation and organization (this prepares them for adulthood and the need to continuously plan ahead)
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Δ^ασ^αΔ^ασ^αΔ^ασ^α (Δ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^α)
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Living According to Inuit Culture and Values

Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α

Living according to Inuit culture, beliefs, and values is an important element of Inunnguiniq and Inuit Qaujimagatuqangit.

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Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α

Inuit Values associated with living a good life include:

Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α

- Perseverance / Δ^ασ^αΔ^ασ^α
- Resilience / Δ^ασ^αΔ^ασ^α
- Moving forward / Δ^ασ^αΔ^ασ^α
- Patience / Δ^ασ^αΔ^ασ^α
- Endurance / Δ^ασ^αΔ^ασ^α
- Taking the long view / Δ^ασ^αΔ^ασ^α Δ^ασ^αΔ^ασ^α
- Trust / Δ^ασ^αΔ^ασ^α

Think about how these values are important in your life.

Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α Δ^ασ^α

Inunnguiniq Parenting Program

Δ^ασ^αΔ^ασ^α

Δ^ασ^αΔ^ασ^αΔ^ασ^α

Δ^ασ^αΔ^ασ^αΔ^ασ^α

Principle #1

Δ^ασ^α #1

Developing Habits for Living a Good Life

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Δ^ασ^αΔ^ασ^αΔ^ασ^αΔ^ασ^α



The principle ሊረሰኛል

Developing habits for living a good life includes the following:

- ለጋራ ስራዎች ለማጠናከር ማቆም
- Always follow through, finish what you start, and persevere in life
ለራስህ ስራ ለማጠናከር ለማቆም ለሌሎች ስራዎች ለማረጋገጥ ለሌሎች ስራዎች ለማረጋገጥ
- Continuously plan ahead and be well organized
የሕድረ ሰዓት ስራዎች ለማቀድ ለሌሎች ስራዎች ለማረጋገጥ
- Take care of your belongings and developing strong skills
በሌሎች ስራዎች ላይ ለማስተካከል ለሌሎች ስራዎች ላይ ለማስተካከል ለሌሎች ስራዎች ላይ ለማስተካከል
- Listen to the teachings and apply them in life
የሌሎች ስራዎች ላይ ለማስተካከል ለሌሎች ስራዎች ላይ ለማስተካከል ለሌሎች ስራዎች ላይ ለማስተካከል

What can parents do? 'የ' ማድረግ የሌሎች ስራዎች ለማስተካከል?

It is important that parents help teach their children to develop habits for living a good life. Parents can do this by: ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል

- Not spoiling children / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Being good role models / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Disciplining firmly but remain calm / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Setting roles and responsibilities / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Giving tasks and chores and making sure they are done / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Communicating with your child; setting aside time to have one-on-one conversations with each of your children / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Teaching about preparation / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Accept mistakes and failures, but continue to encourage them / ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል

Teaching Examples

ፈጣን ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል

Below are ways parents can help children develop habits for living a good life at different ages. ፈጣን ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል

Infants ማረጋገጥ

- Give them attention and make them feel safe 'የ' ማድረግ ለሌሎች ስራዎች ለማስተካከል
- Have only a few special toys (teach them to be creative and care for their belongings) ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል

Toddlers ማረጋገጥ

- Do not coddle too much or give into whining/crying (encourage them to be accountable and to persevere) ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል
- Set positive goals and expectations (give them small tasks that they can perform at their age) ለሌሎች ስራዎች ለማስተካከል ለሌሎች ስራዎች ለማስተካከል

